

EMPLOYMENT

- Integrative Health Nurse Practitioner 12/29/2015-present
Columbia University Medical Center
Department of Medicine/Division of Hematology and Oncology
- Nurse Specialist–Department of Integrative Health Programs 10/2013-12/24/2015
NYU Langone Medical Center, New York
- Inpatient and Outpatient Integrative Health consultation practice
 - *Prepare for Surgery, Heal Faster*™ program provider
 - Tobacco Cessation Consultations
 - Facilitate Mindfulness Based Support Groups
 - Integrative Health educator for Corporate Wellness events
- Family Nurse Practitioner–Center for Integrative Medicine and Wellness 8/2008-10/2013
Stamford Hospital, Connecticut
- Integrative Medicine consultative practice
 - Program Director Mind-Body Medicine
 - Preceptor-nurse practitioner students
 - Lecturer-medical students and residents
- Family Nurse Practitioner –Student Health Service 8/1990–8/2008
Columbia University, New York
- Primary Care – general medicine and women’s health
 - Primary Care Medical provider
 - Preceptor-nurse practitioner students
- Family Nurse Practitioner –Student Health Service 8/1985-6/1990
University of Wisconsin, Wisconsin
- Primary care-general medicine and women’s health
- Women’s Health Nurse Practitioner 9/1982-8/1990
Planned Parenthood, Wisconsin
- Women’s’ Health-well woman care and acute care
- Family Nurse Practitioner–Joint Family Practice 9/1982-9/1984)
Dr. Herbert White-Genesee Depot, Wisconsin
- General Medicine and Women’s Health
- Clinic Supervisor and Registered Nurse–Community Service 9/1978-9/1980)
Sixteenth Street Community Health Service, Wisconsin
- Family Practice Center
- Public Health Nurse 9/1980-
9/1982
City of Milwaukee Health Department

- Well Child-Home Visiting and clinic services, school nurse

Registered Nurse 9/1979-9/1981)
West of the River Community Health Center, Wisconsin

- Founding member and volunteer

Registered Nurse 5/1976-9/1978)
Children's Hospital of Milwaukee, Wisconsin

EDUCATION

University of Arizona 12/2007
Fellowship in Integrative Medicine, Program in Integrative Medicine

Columbia University School of Public Health 5/2004
Master in Public Health

University of Wisconsin-Oshkosh 5/1982
Master in Science in Nursing/ Family Nurse Practitioner

- Master's Thesis: "Health Risks for Women in the Workplace"

University of Wisconsin 5/ 1976
Bachelor of Science in Nursing

- Senior honors

LICENSES

Family Nurse Practitioner and Registered Nurse—*New York and Connecticut state licenses*

OTHER TRAINING

Reiki II training
 Prepare for Surgery, Heal Faster™
 Mindfulness Based Stress Reduction—Center for Mindfulness
 Mindfulness Based Eating Awareness Training (MB-EAT)
 Clinical Hypnotherapy training—American Society of Clinical Hypnosis
 Certified Tobacco Treatment Specialist Training

ARTICLES AND PRESENTATIONS

"The College Student and the Anti-Inflammatory Diet," *Explore. The Journal of Science and Healing* (July 2007)

"The Development of an Effective Interdisciplinary Eating Disorders Team on a Competitive Urban University Campus," International Eating Disorder Conference, Graz, Austria (April 2002)

"Eating Disorders and Women's Health," panel discussion held for graduate students of the Master's Program for Adult Nurse Practitioners, Columbia University School of Nursing (October 2003)

Grand Medical round—Stamford Hospital

HONORS AND AWARDS

NYU College of Nursing, Holistic Nursing graduate program- 2012 preceptor of the year award

Florence Nightingale Award Stamford Hospital 2012

Bravewell Collaborative Fellow, Arizona 2004-2006