Grand Rounds for Wednesday, February 1, 2017

**SKILL: Principles that Physicians, Athletes, and Other Elite Performers Use to Achieve Mastery**

Christopher Ahmad, MD  
Professor of Orthopedic Surgery  
Chief, Sports Medicine Service  
Vice Chair of Clinical Research  
Department of Orthopedics  
Columbia University Medical Center

Grand Rounds are held every Wednesday from 12:00pm - 1:00pm  
**Location:** Myrna Daniels Auditorium, 1st floor, Milstein Family Heart Center, 173 Fort Washington Ave.  
To see Grand Rounds Schedule **click here**

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<th>Research Awards</th>
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| **Dr. Hans-Willem Snoeck**  
4-year new R01, NIH/NHLBI  
"Mitochondrial Regulation of Hematopoietic Stem Cells" | **Glomerular Disease, Updates 2017 - 6th Annual**  
Friday, February 3  
**Click here** to register |
| **Dr. Wellington Cardoso**  
7-year new Outstanding Investigator Award (R35), NIH/NHLBI  
"Mechanisms Controlling Expansion and Lineage Specification of Airway Progenitors in Development and Disease" | **Palliative Care: Exploring Frontiers, Revisiting Challenges**  
Friday, February 17 - Saturday, February 18  
**Click here** to register |
| **Dr. Donna Farber**  
5-year consortium cooperative agreement, NIH/NIAID  
"Human Anti-Viral Immune Responses in Tissues and Circulation" | **Women & Heart Disease**  
Friday, March 3, 2017  
**Click here** to register |

**Message From The Chair’s Office**

**CONGRATULATIONS**

David S. Seres, MD, ScM, PNS  
Director of Medical Nutrition and Associate Professor of Medicine in the Institute of Human Nutrition  
Columbia University Medical Center, New York

Dr. Seres was recently elected to be a Fellow of the American Society of Parenteral and Enteral Nutrition (ASPEN). This election is designated as APENS’s highest honor for both lifetime achievement and for years of service with outstanding contributions to the field of nutrition.

Congratulations on a well-deserved recognition.

Thomas Kolar
Senior Research Worker  
Department of Medicine, Division of Endocrinology

During his 19 years at Columbia University Medical Center 15 of which have been at the Naomi Berrie Diabetes Center Mr. Kolar has been an indispensable team member admired for his skill and appreciated for his character. As a laboratory manager, he has “consistently displayed the highest level of professionalism, hard work, and technical acumen” says one nominee. Aside from maintaining the Accili lab in its many aspects and advising other labs on everything from equipment purchases to protocol approval, Mr. Kolar performs difficult procedures, such as isolating islet cells from the pancreas and perfusing mouse tissues with fixative, he also trains graduate students and postdoctoral fellows on specialized techniques. He is known for his generosity and good humor: “Mr. Kolar embodies the spirit of collaboration that continues to unite many of our labs in the Naomi Berrie Center. He constantly lends his expertise and time to other laboratories” writes a colleague. In what can be a tense and high-pressure environment, another says, “it’s the day-to-day quiet leadership and singular calming influence of Tommy Kolar that keeps such a group functional and, most important, happy to go to work in the lab every day.”

**Contact Scope**

The staff of Scope welcomes the input of the Department and others in our community. For comments or suggestions regarding Scope’s format or function, or to suggest news or calendar items for future issues, contact the Scope office by e-mail at scope@columbiamedicine2.org. Past issues of Scope can be found on the Department of Medicine web site.